



GYM FRONT AND BACK SCHEDULE

February 26 – April 14, 2024

| FRONT HALF | | | | | | | | | |
|--|--|--|--------------------------------------|---|--|--|-----------------------------------|---|-------------------------------------|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | | |
| 5:00 - 6:00a | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-8:00 | | | | |
| 6:00-7:00a | | | | | | | | | |
| 7:00-8:00a | Open Basketball 7:00-2:00 (subject to closure 10:30 am -12 pm on inclement weather days) | Open Basketball 7:00-9:00 | Open Basketball 7:00-9:00 | Pickleball 7:00-9:00 | Pickleball 8:00-10:30 | Youth Sports Programming 8:30-3:00 | Open Gym 7:00-8:30 | Adult Open Basketball 7:00-10:00 | |
| 8:00-9:00a | | | | | | | | | |
| 9:00-10:00a | | Preschool Open Gym 9:30-11:30 | Preschool Open Gym 9-10:45 | Open Basketball 9:00-11:30 | Open Basketball 10:30-2:00 (subject to closure 10:30-12 on inclement weather days) | | Pickleball 10:00-11:30 | | |
| 10:00-11:00a | | | | | | | | | |
| 11:00-12:00p | | Pickleball 12:00-2:00 | Group Exercise 11:00-12:00 | Open Basketball 12:00-2:00 | Pickleball 12:00-2:00 | | Open Gym 1:00-6:45 | | |
| 12:00-1:00p | | | | | | | | | |
| 1:00-2:00p | | Teen Open Gym 2:00-5:30 | Teen Open Gym 2:00-4:15 | Teen Open Gym 2:00-4:15 | Teen Open Gym 2:00-6:00 | | Teen Open Gym 2:00-5:30 | UPCOMING Y EVENTS! Gymnasium closed for : Parents' Night Out Fridays March 8th, March 15th 5:45 -9 pm | Open Basketball 3:00-6:45 |
| 2:00-3:00p | | | | | | | | | |
| 3:00-4:00p | Youth Sports 4:15-6 pm | | Youth Sports 4:15-7:00 | Family Open Gym 5:30-7:00 | Family Open Gym 5:30-7:00 | | | | |
| 4:00-5:00p | | | | | | | | | |
| 5:00-6:00p | | | | | | | | | |
| 6:00-7:00p | Open Basketball 7:00-9:45 | Pickleball 6:30-9:30 | Open Basketball 7:00-9:45 | Pickleball 6:30-9:30 | Open Basketball 7:00-9:45 | | | | |
| 7:00-8:00p | | | | | | | | | |
| 8:00-9:00p | | | | | | | | | |
| 9:00-9:45p | | | | | | | | | |
| BACK HALF | | | | | | | | | |
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | | |
| 5:00 - 6:00a | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-7:00 | Adult Open Gym 5:00-8:00 | | | | |
| 6:00-7:00a | | | | | | | | | |
| 7:00-8:00a | Open Basketball 7:00-2:00 | Open Basketball 7:00-12 (subject to closure 10:30 am -12 pm on inclement weather days) | Open Basketball 7:00-2:00 | Open Gym 7:00-12:00 (subject to closure 10:30 am - 12 pm on inclement weather days) | Pickleball 8:00-10:30 | Youth Sports Programming 8:30-3:00 | Open Gym 7:00-8:30 | Adult Open Basketball 7:00-10:00 | |
| 8:00-9:00a | | | | | | | | | |
| 9:00-10:00a | | Pickleball 12:00-2:00 | Pickleball 12:00-2:00 | Open Basketball 10:30-2:00 | Open Gym 1:00-6:45 | | | | |
| 10:00-11:00a | | | | | | | | | |
| 11:00-12:00p | | Teen Open Gym 2:00-4:15 | Teen Open Gym 2:00-4:15 | Teen Open Gym 2:00-4:15 | Teen Open Gym 2:00-4:00 | | Teen Open Gym 2:00-4:15 | UPCOMING Y EVENTS! | Open Gym 3:00-6:45 |
| 12:00-1:00p | | | | | | | | | |
| 1:00-2:00p | | | Youth Sports 4:00-6:30 | Youth Sports 4:00-6:15 | Youth Sports 4:00-6:30 | | Youth Sports 4:30-5:30 | | |
| 2:00-3:00p | | | | | | | | | |
| 3:00-4:00p | Open Basketball 4:30-8:00 | Pickleball 6:30-9:30 | Open Basketball 6:15-9:45 | Pickleball 6:30-9:30 | Open Basketball 5:30-9:45 | | | | |
| 4:00-5:00p | | | | | | | | | |
| 5:00-6:00p | | Catch Ball 8:00-9:45 | Pickleball 6:30-9:30 | Open Basketball 6:15-9:45 | Pickleball 6:30-9:30 | Open Basketball 5:30-9:45 | | | |
| 6:00-7:00p | | | | | | | | | |
| 7:00-8:00p | | | | | | | | | |
| 8:00-9:00p | | | | | | | | | |
| 9:00-9:45p | | | | | | | | | |
| Family-Children age 12 and under with a parent guardian | | | | | *Open Gym - Open to all ages | | *Adult: Ages 18+ | | |
| *Be Caring*Be Respectful*Be Responsible*Be Honest* | | | | | | | | | |
| Please be advised that you are participating in all activities at your own risk and you are fully responsible for yourself, your children, your guests and your belongings. The staff has final say on all disputes. Thank you, and enjoy your time. | | | | | | | | | |
| Pickleball Players: Please note that sign-up on MotionVibe is required for each session. Any questions on registering through MotionVibe can be sent to the Sports Director, or Membership Services team. | | | | | | | | | |